



Piedmont Community News & Events



www.Piedmont-OK.com

March 2018

DUCK (Doing Unselfish Charities for Kids) Week

DUCK Week is a program that encourages the participation of students and the community to make a difference in the life of someone with a great medical need. This is done through several fundraising events throughout the week. Savannah Labadie and Moses Graham were selected by Piedmont students as this year's DUCK Week recipients.



Moses Graham is a 6-year-old kindergartner at Piedmont Elementary. On his sixth birthday he went in for a scheduled CT scan to follow up on issues related to a broken nose from a fall. During the CT scan, they found a tumor, called a medulloblastoma, sitting at the base of his brain. He is receiving high-intensity chemo and then will have a stem cell transplant.

Savannah Labadie had her first seizure the week she turned 3 years old. Over the next few weeks, her seizures increased to the point she was having over 100 seizures a day. Savannah now sees a seizure specialist in Michigan and takes daily medications to prevent grand mal seizures. She is in the 5th grade at Piedmont Intermediate.



Check the DUCK Week website at <http://duckweek.org> for more information about Moses and Savannah, and the DUCK Week events.

Check the calendar on page 4 for more information about events this month for which part or all of the money raised will go to DUCK Week. Activities, events, and places where your purchase makes a difference include:

- kick-off assembly
- pancake breakfast
- 5K run / 1 mile walk
- volleyball tournament
- Flock Fest
- Junk Show
- Los Sabinos
- Subway
- Sonic
- Piedmont Pizzeria
- Piedmont Chiropractic

David Letterman said...

Don't forget it's daylight saving time. You spring forward, then you fall back. It's like Robert Downey Jr. getting out of bed.

Daylight Saving Time begins

Sunday, March 11, 2:00 a.m.

Chamber Luncheon

Jason Orr, Piedmont city manager, will be the speaker at the Chamber's monthly luncheon. His topic will be ~~h~~arnessing the Winds of Progress.+

The luncheon meeting will take place on Thursday, March 1, at city hall, 314 Edmond Rd NW, from noon to 1:00 p.m. The meeting is free and open to the public. An optional lunch from Catering Oklahoma will be available for \$10.

For more information, call Lisa at 373-2234.

Water Smart Plants

Hardy native plants that thrive in Oklahoma with less water and maintenance will be the topic of a class at the Northwest Library, 5600 NW 122 St. in Oklahoma City on Saturday, March 17 from 10 to 11:30 a.m.

The class is free but you must pre-register online at: <https://okc.gov/departments/utilities/squeeze-every-drop/workshops-and-events/water-smart-plants-registration>

Eggstravaganza

WHEN: March 31, 11:00 to 2:00 p.m.
egg hunt at 1:00 p.m.

WHERE: City Hall, Edmond Rd NW

SPONSORED BY: Parks & Recreation
373-2000

for kids ages 2 to 12 years old

inflatables, food trucks, Easter bunny



free!

Community Easter Egg Hunt

WHEN: March 31, 2:00 p.m.

WHERE: Windmill Park pavilion
(approximately 317 Cypress St)

SPONSORED BY: Nazarene Church
373-2308

for kids of all ages

free!



Piedmont Garden Group

Free gardening information and tips are available at the monthly meetings. The group will meet at 9:00 a.m. on Saturday, March 10 the library. There are no dues and no experience is necessary. For more information, call the library at 373-9018.

Gardening Series

at both TLC Garden Centers

March 3, 9:30 am - Roses for Oklahoma - see the newest varieties and learn how to grow and care for roses.

March 3, 2:30 pm - Attracting Birds, Bees, & Butterflies - discover plants that attract butterflies, birds and bees to your landscape.

March 10, TLC Open House all day - seminars and family friendly events - seminars starting at 9 am, including Veggie & Herb Gardening, Perennial Power, Roses for Oklahoma, Lawn Care, Trees for Oklahoma, and Landscaping Your Home. Behind-the-scenes tour of the TLC Growing Greenhouses at 12:30.

For more information, call 720-0091.

FREE Car Seat Checkup

On Saturday, March 31, from 10:00 a.m. to noon, bring your child's car seat or booster seat to the Piedmont fire station at 314 Edmond Rd NW to learn how to install it, or to make sure it is being installed correctly and is still the appropriate seat for your child. Bring your child and the car used most often to transport him or her. If you are checking a seat you frequently use to transport a grandchild or a friend's child, the child and the child's legal guardian will need to be with you.

A limited number of car seats will be available for \$15 on a first come, first served basis. To qualify you must:

- be an expectant mother within six weeks of delivery, or the parent or legal guardian of a qualifying child that is with you,
- show proof of government assistance (WIC, SoonerCare, or food stamps),
- bring \$15 (cash only).

This event is sponsored by SafeKids, the Logan County Health Department, The Children's Center, and the Piedmont Fire Department.

Lifeline Screening

On Friday, March 16, Life Line will offer the following screenings at the First Baptist Church of Piedmont:

- carotid artery (plaque)
- heart rhythm (atrial fibrillation)
- abdominal aortic aneurysm
- peripheral arterial disease
- osteoporosis risk

The first four screenings above are offered as a package for \$139. The osteoporosis risk screening can be added for a total cost of \$149. Based on your personal health concerns, additional tests and packages are available.

Pre-registration is required. To register for an appointment and receive a special \$10 discount, call 888-653-6450 between 8:00 a.m. and 9:00 p.m. Monday through Friday, and 8:00 a.m. and 5:00 p.m. on Saturday and Sunday. Be sure to ask about the Wellness Gold Program which is \$239.40 (payments can be spread over 12 months). Under the Wellness Gold Program, your benefits increase each year.

The Life Line website is www.lifelinescreening.com/community-partners.



50 Ways to Celebrate Spring in Oklahoma

https://www.travelok.com/article_page/50-ways-to-celebrate-spring-in-oklahoma

March Community Calendar

Where friends meet!

* part or all of the proceeds from these events go to DUCK Week - for more information, go to duckweek.org

1 (noon) - Chamber Luncheon - speaker is city manager Jason Orr, at city hall, free, optional lunch \$10, 373-2234

1, 8, 15, 22, 29 (4:00-7:00 pm) - Piedmont Area Veterans Building is open, free, 373-4820

2, 9, 16, 30 (10:00 am) - Mother Goose on the Loose for babies & toddlers, stories & songs, at the library, free, 373-9018

3, 10, 17, 24, 31 (7:00-9:00 am) - Coffee at PAVA building, free, 373-4820

3, 10, 17, 24, 31 (10:00-2:00 pm) - Historical Society Museum is open, free, 373-2905

3 (1:00 pm - Grand Entry) - Play Day at PRUC arena, fees \$15+, 226-8982

6, 13, 27 (10:00 am) - Storytime for toddlers & pre-schoolers, songs, dance, stories, at the library, free, 373-9018

7 (10:00 or 10:45 am) - Music and Movement for preschoolers, dancing, singing, and instruments, at the library, free, 373-9018

7, 14, 21, 28 (noon) - Senior Adults Lunch & Fellowship at Methodist church, \$4, for reservations call 373-2905

8 (4:00-6:00 pm) - Cooking with S.T.E.A.M. for 3rd grade and up, at the library, free, 373-9018

* 10 (7:00-11:00 am) - Annual Pancake Breakfast by Piedmont Area Vets and Piedmont Fire Dept, at Piedmont Elementary, adults \$6, 12 & under \$3

* 10 (8:00 am) - 5K Run/1mile Walk, at Piedmont Realty, 1619 Piedmont Rd N, register at www.duckweek.org by March 8 or on day of race, under 12 \$10, Piedmont students & staff \$15, all others 13 & up \$25, 388-1217

10 (9:00 am) - Gardeners Group at the library, free, 373-9018

* 10 (6:00 pm) - Flock Fest - live music, food trucks, DUCK week merchandise, meet the DUCK Week recipients, downtown Piedmont

* 11 (10:30-4:00 pm) - Junk Show - over 100 vendors, food trucks, kids carnival, and more, at Intermediate school

* 12 (all day) - Los Sabinos is donating a portion of the proceeds to DUCK Week

* 12 (1:30 pm) - High School Kick-Off Assembly at Collett Fieldhouse, \$5

* 13 (all day) - Piedmont & Surrey Hills Subway donating a portion of the proceeds to DUCK Week

* 13 (all day) - Dr Tamra States is providing chiropractic services for \$40 and donating all proceeds, walk in or call 373-4554 for an appointment

14, 21, 28 (10:00-noon) - Library Quilters at library, beginners welcome, free, 919-0870

* 14 (3:00-9:00 pm) - Sonic - teachers and administrators car hopping for tips for DUCK Week

* 14 (5:00 pm) - FCA volleyball tournament at Piedmont Intermediate for HS students, free

* 15 (all day) - Piedmont Pizzeria donating a portion of the proceeds to DUCK Week

15 (noon) - Readers Who Lunch book club, book is *Devils Within* by S.F. Henson, bring your lunch, at the library, free, 373-9018

23 (6:00-9:00 pm) - Stampin' Up! Card Class at city hall, \$12, bring adhesive, RSVP 535-8849

31 (11:00-2:00 pm) - Eggstravaganza at city hall, egg hunt at 1:00, food trucks, inflatables, Easter bunny for pictures, ages 2-12, free, 373-2000

31 (2:00 pm) - Community Easter Egg Hunt at Windmill Park Pavilion, all ages, approximately 317 Cypress St, free, 373-2308

An expanded version of the calendar is online at piedmont-ok.com
A Piedmont map of community events is online at piedmont-ok.com/map.pdf