



Piedmont Parks & Recreation News

piedmontparksandrec.com

June 2014

Did You Know?

Unintentional poisonings from medicines cause more emergency room visits for young children each year than do car accidents.



A recent study of grandparents of children aged 1 to 5 years old found that 23% of grandparents stored prescription medicines in easy-to-access places, and 18% stored over-the-counter medicines in places easy to access.

The most common accidentally ingested prescription medicine is opiate medicine such as a morphine-related painkiller, and the most common accidentally ingested over-the-counter medicine is acetaminophen used to reduce fever.

When young children travel to visit grandparents this summer, make sure prescription drugs and over-the-counter medicines in the home have been stored safely out of reach.

Chamber's Annual Golf Tournament

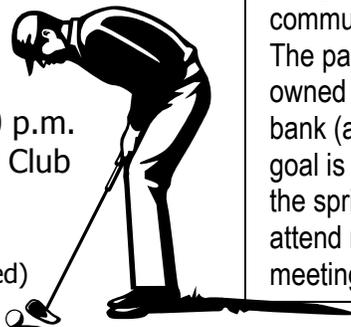
When: Friday, June 20, 1:00 p.m.

Where: Surrey Hills Country Club

Cost: \$300 per team

Contact: 373-2234

(advance registration is required)



The Baptist church is holding a blood drive on Wednesday, June 4, from 5:00-8:00 pm.

For more information, call 373-2420.

If you miss this donation opportunity, call OBI at 278-3100 for the locations and hours of their donation centers.

The Project: A Community Park for Piedmont

The mission: To create a centralized community gathering place for families and friends, retreats and festivals, and to encourage more retail and commercial growth in Piedmont.

How you can participate: Be part of the discussions that take place every Tuesday morning from 8:15 to 9:00 at city hall. Fundraising, which is expected to be approximately \$1 million, and design, which will be determined by the community, are part of the discussions. The park location will be on the land owned by and located just south of F&M bank (approximately three acres). The goal is to dedicate the park to the city in the spring of 2015. For those that cannot attend morning meetings, an evening meeting will also be set.

101 Things For Kids To Do This Summer!

For a list of creative ideas that will keep your kids entertained this summer, check out the website at www.homeschool.com/articles/101ThingsToDoThisSummer3/default.asp#.

Some of the activities on the list include watching for shooting stars, decorating a bike, new uses for pool noodles, making a piñata, learning about bats, making s'mores, learning how to take good photographs, and making a birdbath. Many of the activities have links to websites that provide more information and directions.

Start now and see if your child can do all 101 before school starts in the fall, or make up a list of your own.



National Picnic Week

June 16-22, 2014



What's in your basket?

100 Things To Do This Summer in Oklahoma

The list can be found online at:

www.okmag.com/2014/05/20/100-things-to-do-this-summer-in-oklahoma

National Get Outdoors Day

Despite the recommendation that children get at least 60 minutes of physical activity a day, only about 25% of them actually do. Instead, the average child spends up to 6 1/2 hours a day on the internet, watching TV or movies, or playing video games, and a mere 30 minutes a week outside in unstructured play.

As a result of inactivity and other factors, 32.0% of males 2-19 years old, and 31.6% of females 2-19 years old, are overweight or obese, their life expectancy is expected to be 3 to 5% shorter than that of their parents, and they are what experts refer to as "nature-deprived" and oblivious to the value of our irreplaceable natural lands and resources.

National Get Outdoors Day began in 2008 in an effort to connect Americans - and especially children - with nature and active lifestyles. National Get Outdoors Day, is celebrated every year on the second Saturday in June.

Not sure what to do for National Get Outdoors Day on June 14th? Take a hike at Martin Park Nature Center in Oklahoma City and cross off #80 on the list of *100 Things To Do This Summer in Oklahoma*.



Summer Reading 2014

#FIZZBOOM READ

“Science” is the theme for this year’s summer reading program for all ages from preschool through adult.

Beginning June 3, participants can register and pick up a reading log and calendar of events at the library at 1129 Stout NW.

Each time a child or adult has logged at least 20 minutes of reading on 7 days, a certificate will be given. Each certificate can be exchanged for a prize. By the end of summer, those that have read at least 20 minutes on a total of 56 days will have earned 8 certificates and redeemed them for 8 rewards.

In addition, families can collect points as a family by checking out family bags that include a story to read and discuss while playing a board game. The game is designed to promote conversation about the book.

Throughout June and July, library visitors will experience eight different aspects of scientific discovery. Each week focuses on a different subject such as food science, robotics, or rocketry.

One child and one teen participating in the summer reading program in Oklahoma will each win \$2,529 to start a college savings plan. Official rules and an online entry form are available at <https://ok4saving.org/news/reading.shtml>

In addition, *The Oklahoman* also has a summer reading contest that begins June 1 for ages 5 to 12. Details and weekly entry forms are available online at www.odl.state.ok.us/summer/SRP-Flyer.pdf. One winner each week will receive a set of books, and a grand prize winner will be selected at the end of the contest to receive an e-Reader.

Dempster No. 10

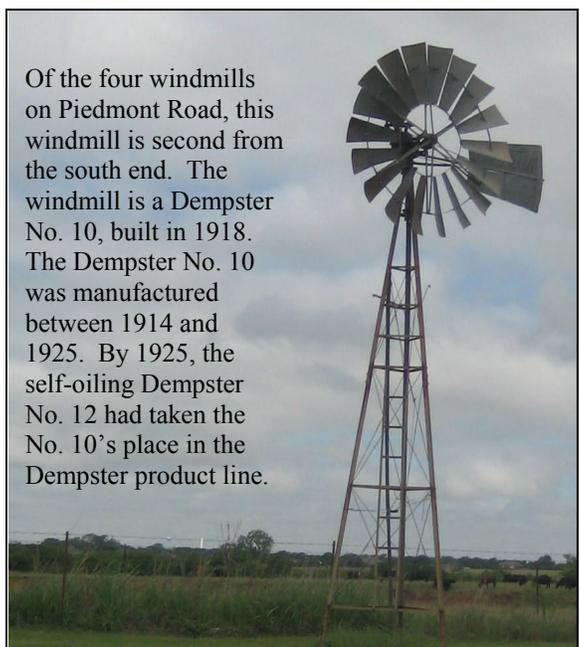


The American-style windmill was invented in Connecticut in 1854 by Daniel Halladay.

Windmills allowed pioneers to settle away from rivers and streams, and they were vital to the construction of railroads, providing not only a source of water for the crew, but a source of water for steam locomotives.

Between 1880 and 1935, more than 6 million windmills were sold by approximately 20 manufacturers, but production came to a halt in the early 1930's when the REA (Rural Electrification Administration) made it possible for people to use electric pumps to deliver 20-30 gallons of water a minute. Of the early manufacturers, only Aermotor is still producing windmills today for pumping of water.

From *Backwoods Home Magazine*, Issue #90, Nov/Dec 2004, and *A Field Guide to American Windmills* by T. Lindsay Baker



Of the four windmills on Piedmont Road, this windmill is second from the south end. The windmill is a Dempster No. 10, built in 1918. The Dempster No. 10 was manufactured between 1914 and 1925. By 1925, the self-oiling Dempster No. 12 had taken the No. 10's place in the Dempster product line.

June Community Calendar

Where friends meet!

- 1 (5:00-7:00 pm) - Farewell Cookout for Rev. Sam Powers at the Methodist church, free, 373-2298
- 3, 10, 17, 24 (10:00-2:00 pm) - Come & Go Science Experiments for all ages, at the library, free, 373-9018
- 4 (10:00 am) - Preschool Music and Movement for ages 2 & up, at the library, free, 373-9018
- 4, 11, 18, 25 (noon) - Senior Adults lunch and fellowship at the Methodist church, \$3, for reservations call 373-2905
- 4 (5:00-8:00 pm) - Blood Drive at Baptist church, 373-2420
- 5 (noon) - Chamber of Commerce luncheon at city hall, speaker is Peter Markes, State Teacher of the Year, free, optional lunch \$8, 373-2234
- 5 (4:00 pm) - Can You Survive the Quarter Quell? for 4th grade & up, at the library, free, 373-9018
- 5, 12, 19, 26 (6:30 pm) - Family Summer Reading for all ages, at the library, free, 373-9018
- 5, 12, 19, 26 (7:30-8:30 pm) - Zumba at city hall, \$3, 650-0229
- 6, 13, 20, 27 (10:00 am) - Mother Goose on the Loose for ages 2 & up, at the library, free, 373-9018
- 7 (9:00-11:00 am) - Piedmont Area Rocketry Club for all ages, at city hall, free, 593-9737
- 7 (9:00-11:00 am) - Piedmont Recycling of glass, cardboard, tin and aluminum cans, plastic #1 & 2, and metal, at former co-op, 373-2905
- 7, 14, 21, 28 (10:00-2:00 pm) - Historical Society Museum is open, free, 823-1345
- 10 (6:30 pm) - Kicking Candida: a detox with essential oils and whole foods, at the library, free, 397-9211
- 11, 18, 25 (10:00-noon) - Library Quilters for anyone interested in quilting, at the library, free, 373-1662
- 13 (6:00-9:00 pm) - Stampin' Up Beginner's Class at city hall, \$7, bring adhesive, RSVP 535-8849
- 14 (7:00 pm) - Oklahoma Arabian Horse Club All Breed Open Horse Show at Round-Up Club Arena, entry fees \$5 / class, \$10 / championship, free to watch, 413-3077
- 17 (11:00 am) - Balloon Science with Science Museum OK, for all ages, at the library, free, 373-9018
- 17 (6:30-8:00 pm) - Lego Club for all ages, at the library, free, 373-9018
- 19 (noon) - Readers Who Lunch Book Club at the library, for adults, book: *The Great Gatsby* by F. Scott Fitzgerald, free, 373-9018
- 20 (1:00 pm) - Chamber's Annual Golf Tournament at Surrey Hills Country Club, \$300 per team, advance registration required, 373-2234
- 27 (6:00-9:00 pm) - Stampin' Up Card Class at city hall, \$12, bring adhesive and supplies, RSVP 535-8849
- 28 (1:00 pm Exhibitions, 2:00 pm Grand Entry) - Playday at Round-Up Club Arena, fees of \$5-\$15 vary by event, free to watch, 630-4009

An expanded version of the calendar is online at PiedmontParksAndRec.com
A Piedmont map of community events is online at PiedmontParksAndRec.com/map.pdf