



Piedmont Parks & Recreation News

piedmontparksandrec.com

November 2012

Help With the Holidays

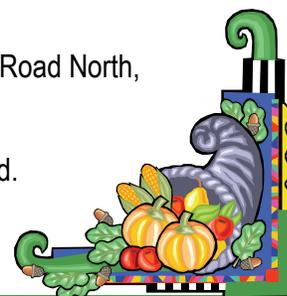
The Piedmont Service Center will be offering holiday food baskets and children's Christmas needs to low income families again this year.

Applicants must reside in Piedmont, or have a 373 telephone prefix, 73078 zip code, or have children enrolled in the Piedmont School District.

Applications may be picked up at the Piedmont Service Center, 415 Piedmont Road North, on Mondays, Tuesdays and Thursdays between 9:00 a.m. and 4:00 p.m.

For those wanting to help, donations of money, turkeys or hams are appreciated.

For more information, call 373-4022.



Great opportunities to help others seldom come, but small ones surround us every day. - Sally Koch

12th Annual Community-wide Chili Cook-Off

November 14, 5:30 to 7:00 pm

Piedmont United Methodist Church
2525 Piedmont Rd N

\$6 for adults to eat / \$3 for students

free to enter the competition
(but call the church at 373-2298
and let them know that
you plan to participate)



Community Thanksgiving Service

The Community Thanksgiving Service is a cooperative effort by the churches of Piedmont, and both the location and the responsibility for various parts of the service rotate each year.

The service will be held on November 18th at 6:30 pm at the Piedmont United Methodist Church, 2525 Piedmont Rd N.

A community choir will begin practice at 5:00 pm before the service, and anyone wanting to sing is welcome to show up at that time and join in.

Finger foods will be served following the service.

Everyone in the community is invited to participate, whether or not they attend a church in Piedmont.

For more information, call 373-2298.



**FALL
BACK!**

Daylight Saving Time ends at 2:00 a.m.
on Sunday, November 4, 2012.



Vote on Nov 6

CanIVote.org

Things To Do On Thanksgiving Day

- Take a hike
- Have a miniature pumpkin hunt (like an Easter egg hunt).
- Dig into your genealogy, update the family tree, and tell some family stories.
- Volunteer at a soup kitchen.
- Have a board game tournament.
- Video-chat with faraway relatives.
- Have crafts and coloring pages for the kids.
- Make a Thankful Thanksgiving Tablecloth.

Go to www.familyeducation.com for directions, coloring pages, recipes, 10 ways to give thanks, word searches, Thanksgiving quizzes, crafts, and many more ideas.



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Piedmont Parks and Rec

An Attitude of Gratitude

November is the perfect time of year for creating a spirit of thankfulness and appreciation, and encouraging one in your child. Here are some suggestions:

√ Find three things each day that you are grateful for and write them down. If you don't have time to write them down, make recalling them part of your bedtime ritual. You'll soon be expressing gratitude for little things you've never noticed before. Ask your child about the things he was thankful for in his day.

√ Set an example for your child by regularly expressing your thanks to him and letting him see you show your appreciation to others. Help him understand that the expression of thanks is for the person's thoughtfulness and not for the gift itself.

√ Make a point of looking for things to be grateful for in challenging situations, and help your child do the same.

√ Make gratitude into a game. Have your child write words like "Thanksgiving," "gratitude," "blessings," or "thank you" down the side of a piece of paper, and then write a word or phrase for each letter. Or play the alphabet game and take turns coming up with something for each letter of the alphabet. Or find a coloring page of a turkey with a lot of feathers and have your child write one thing they are thankful for on each feather.

√ Pare down the overabundance in your life and in your child's life, and reduce your child's expectation that every trip to the store will result in a treat or a new toy.

√ Turn your gratitude into action, and encourage your child to do the same. Go to www.generationon.org/global/65-ways-make-difference for a list of ways your child can serve others.

√ Routinely take the time to look for things to explore and appreciate in nature.



Whooping Cranes - Rare & Endangered (and coming through Oklahoma!)

Whooping cranes are the tallest bird in North America, standing at nearly five feet tall. They are large white birds with red and black markings on their face and crown, black feathers on the outer ends of their wings, and when they fly, their necks are stretched straight and their long legs extend beyond their tail feathers.

Whooping cranes can live approximately 30 years. They are monogamous, form pairs, and females lay their first egg when they are about 5 years old. Whooping crane parents share incubation and brood-rearing duties. Except for brief intervals, one member of the pair remains on the nest at all times. They nest in the same general vicinity each year.

Whooping cranes are endangered, and in July of 2010, the total wild population of whooping cranes was estimated to be only 383. The total population of wild and captive whooping cranes was just 535. The greatest cause of the whooping crane's decline is the loss of shallow wetland habitat in both the nesting and the wintering ranges.

Whooping cranes nest in Wood Buffalo National Park and adjacent areas in Canada in the summer, and migrate through Oklahoma in November on their way to the central Texas coast for the winter. They generally cross I-40 between El Reno and Clinton, but Piedmont is on the eastern edge of the migration path, so it's possible that one could be spotted here. Whooping cranes typically migrate during the day in groups of one to six birds.

Whooping cranes migrating through Oklahoma feed in marshes, shallow-water wetlands, wet meadows, river bottoms, partially-flooded pastures, and grain fields. They eat frogs, fish, plant tubers, crayfish, insects, and grains.

The Wildlife Department monitors whooping crane migration through our state and would like for you to notify them if you see one. They are interested in knowing the date, time, location, number of birds, and the habitat they were using at the time of the sighting. Email Mark Howery at mhowery@zoo.odwc.state.ok.us, or call the Wildlife Department at 424-2728.

*sources: Oklahoma Department of Wildlife Conservation,
U.S. Fish and Wildlife Service*



November Community Calendar

through Nov 19 - Piedmont families needing assistance can sign up for Thanksgiving food baskets at the Service Center, 373-4022

1 (noon) - Chamber of Commerce luncheon at city hall, presenter is Chairman of OK Commission for Human Services Wes Lane on "DHS Update: From Child Deaths to New Director," free, optional lunch \$8, 373-2234

1, 8, 15, 29 (7:30-8:30 pm) - Zumba class at city hall, beginners welcome, \$3, 650-0229

2, 9, 16, 30 (10:00 am) - Mother Goose on the Loose for ages birth to 3 years, at the library, free, 373-9018

3 (9:00-11:00 am) - Piedmont Recycling at the former Co-Op, 373-2905

3, 10, 17, 24 (10:00-2:00 pm) - Historical Society Museum is open, free, 823-1345

3 (1:00-3:30 pm) - Piedmont Area Rocketry Club for all ages, at the civic center, free, 488-5999

3 (5:00 pm, 4:00 books open) - Oklahoma Arabian Horse Club All Breed Open Horse Show at Round-Up Cub Arena, entry fees \$5/class, \$10/championship, costume class, free to watch, 826-4987

6, 13, 20, 27 (10:00 am) - Preschool Story Time for ages 3 to 5, at the Library, free, 373-9018

7 (10:00 am) - Preschool Music and Movement with Miss Bonnie at the Library, children ages 2-5, free, 373-9018

7, 14, 28 (noon) - Senior Adults lunch and fellowship at the Methodist church, \$3, for reservations call 373-2905

8 (noon) - Brown Bag Luncheon at the Chamber office, bring your own lunch, Amber Hite, CPA, and Josh Atkinson of F&M Bank will present "Getting to 'Yes' with Your Loan Officer, or Can You Tell Your Assets and Liabilities Apart?," free, 373-2234

8 (6:30 pm) - Ladies Night at the library, craft project is gifts in a jar, snacks and conversation, for adults, free, 373-9018

8 (6:30-8:30 pm) - Piedmont Parent Network "Bullying 101" workshop at Methodist church, parents of all students are welcome, free, 514-9248

9 (5:00-8:00 pm) - Piedmont Elementary Carnival, \$9 armband for children 4-12, food and some activities are extra, 831-1005

9 (6:30-9:00 pm) - Stampin' Up Christmas card class at civic center, \$7, bring double-sided tape and your own supplies, RSVP 535-8849

13 (6:30 pm) - CC Tuff Riders 4-H equine program for 9-18 year olds, don't have to own a horse, at the library, free, 373-1387

14, 28 (10:00-noon) - Library Quilters for anyone interested in quilting, at the library, free, 373-1662

14 (5:30 pm) - Deacon's Community Thanksgiving Dinner at Baptist church, free, 373-2420

14 (5:30-7:00 pm) - 12th Annual Community Wide Chili Cook-Off at Methodist church, \$6 adults / \$3 students, free to enter, 373-1281

18 (6:30 pm, 5:00 pm community choir practice) - Community Thanksgiving Service at the Methodist church, 373-2298

21 (10:00-2:00 pm) - Holiday Craft for Kids of all ages, come & go, at the library, free, 373-9018

An expanded version of the calendar is online at PiedmontParksAndRec.com
A Piedmont map of community events is online at PiedmontParksAndRec.com/map.pdf