



# Piedmont Parks & Recreation News

[piedmontparksandrec.com](http://piedmontparksandrec.com)

July 2011

## Sunday Rides To Somewhere



Drag it out. Dust it off. Air it up.

The casual bicycle rides on Sunday afternoon continue through the month of July.

The rides leave from city hall at 2:00, stop for refreshments and door prizes, and finish by 3:00.

For more information on the bike rides, call 202-3984.



**PIEDMONT**  
PARKS & RECREATION



## This summer, spend a week at the Kid Co Theatre Create-a-Play Camp!

Rising 6<sup>th</sup>-9<sup>th</sup> grade actors will have a fantastic time developing their own original plays in Kid Co's Create-a-Play Summer Camp taking place in the Fina Municipal Building in Piedmont!

**One week only:  
Afternoons of July 18<sup>th</sup> - July 22<sup>nd</sup>!**  
*(Specific times are posted on the Kid Co website.)*

*Family and friends won't want to miss the performance.  
Mark your calendar and watch the original plays  
at 2:00pm on Saturday, July 23<sup>rd</sup>!*

The \$150 enrollment fee covers all production costs including props, sets, and costumes!



*My Imagination,  
my Play,  
my Theatre!*

**Call 563-KIDS or go to [www.okkidco.com](http://www.okkidco.com) for more information!**

## Map Your Neighborhood



In a disaster, your most immediate source of help are the neighbors living around you.

“Map Your Neighborhood” is a free program designed to help neighborhoods prepare for disasters.

It is suggested that a neighborhood “group” be no more than 15 to 20 households in an urban area (a typical neighborhood block) or 5 to 6 households in a rural area. Limiting the number of households helps maintain effective communication.

As part of the program to map a neighborhood, participants

- learn the 9 steps to take immediately following a disaster
- identify the skills and equipment each neighbor has that would be useful in a disaster response
- create a neighborhood map identifying the location of natural gas and propane tanks
- create a contact list to help identify those with special physical or health needs
- learn how to work together as a team to evaluate the neighborhood during the first hour following a disaster

For more information about the program, call 202-3984.

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Piedmont Parks and Rec

How **hot**  
is a burning  
sparkler?



Many Americans enjoy the 4th of July by setting off firecrackers, bottle rockets and sparklers. However, the celebration can quickly turn into tragedy.

Fireworks that cause the most injuries are firecrackers, sparklers and bottle rockets.

Injuries usually occur to the hands, eyes and

legs. Burns are the most common injury overall. In addition to blindness, third degree burns and permanent scarring, fireworks also cause life-threatening home and motor vehicle fires.

Tips for parents:

- Do not buy fireworks to use at home.
- The best way to enjoy fireworks is to attend a public display by trained professionals.
- Never allow children to play with fireworks, including sparklers.
- Even though some parents consider sparklers to be “safe fireworks,” they can reach temperatures of 2000 degrees and easily ignite clothing.
- Firework-related injuries often happen when an adult is present. Supervision alone is not enough to prevent serious injuries.
- Injuries also occur to bystanders. Even if you do not allow your children to touch fireworks, they can still be seriously injured if they are around others who are using fireworks.
- Teach your children the dangers of fireworks.

Article and graphic reprinted with permission from Center for Injury Research and Policy at Nationwide Children’s Hospital. For information on other health and safety issues, visit <http://injuryresearch.net/resource/library.aspx>

## If a Child You Love is Less Than 4 Ft 9 In Tall



Summer often means spending extra time in the car - hauling kids and their friends to summer activities, transporting visiting grandchildren, or long vacation trips in the family vehicle. It's important that every child in the car is restrained in a way that is appropriate for their height, weight, and age.

According to Oklahoma law, with only a few exceptions,

- a child under six years of age must be restrained in an infant or child passenger restraint system
- a child between 6 and 13 years of age must be protected by a child passenger restraint system or a seat belt.

In March of 2011, the American Academy of Pediatrics (AAP) released new guidelines.

Typically, parents move their baby or child when they have met the minimum height and weight limits or recommendations. The American Academy of Pediatrics (AAP) now recommends that parents wait until their child meets the maximum height or weight limits.

Research has found that children under age two are 75 percent less likely to die or be severely injured in a crash if they are riding rear-facing. The previous AAP recommendation was that infants and toddlers ride rear-facing until a minimum of 12 months or 20 pounds. Because a rear-facing child safety seat does a better job of supporting the head, neck and spine of infants and toddlers in a crash, the AAP now recommends that a child remain in the rear-facing seat until they reach the highest weight or height allowed by the safety seat's manufacturer.

A forward-facing safety seat with a harness is safer than a booster, and a belt-positioning booster seat provides better protection than a seat belt alone until the seat belt fits correctly.

Many forward-facing safety seats are designed to become a booster seat with the harness removed. Backless boosters are usually less expensive and are easier to move from vehicle to vehicle. They can be safely used in vehicles with headrests and high seat backs.

Booster seats are designed to raise a child up so the lap-and-shoulder belt fit properly. Most children will need a booster seat until they have reached 4 feet 9 inches tall and are between 8 and 12 years old.

An adult seat belt fits correctly when

- The shoulder belt lies across the middle of the chest and shoulder, not the neck or throat
- The lap belt is low and snug across the upper thighs, not the belly

Your child is tall enough to sit against the vehicle seat back with knees bent without slouching, and can stay in this position comfortably throughout the trip.

It is important to read the instruction booklet that came with the car seat.

Regardless of how they are restrained, children should ride in the rear of a vehicle until they are at least 13 years old.

It is important to read the instruction booklet that came with the car seat. The National Highway Traffic Safety Administration has estimated that close to 3 out of 4 parents do not properly use child restraints. To find a child safety seat inspection station, call Safe Kids at 271-5695.



# July Community Calendar

- 2 (9:00-11:00 am) - Piedmont Recycling at the former Co-Op, Boy Scout Troop 374 will be there to help, 373-2905
- 2, 9, 16, 23, 30 (10:00-2:00 pm) - Historical Society Museum is open, free, 823-1345
- 3, 10, 17, 24, 31 (2:00 pm) - Sunday Ride to Somewhere, casual bicycle ride for all ages, leaves from city hall, snacks & door prizes, free, sponsored by Parks & Rec and Safe Routes to School grant, 202-3984
- 4 - Fourth of July - activities and BBQ contest judging at 5:00 pm, motocross performances before & after the parade, Piedmont Road closes at 6:30 pm, parade at 7:00 pm, fireworks at dark, free, 373-2000
- 5, 12, 19, 26 (10:00-6:00 pm) - Summer Reading at the Library, (European Crafts on 5th; Asian Crafts on 12th; Australian Crafts on 19th; Crafts Around the World on 26th), come & go, all ages, free, 373-9018
- 6 (10:00 am) - Preschool Music and Movement with Miss Bonnie at the Library, children ages 2-5, free, 373-9018
- 6, 13, 20, 27 (noon) - Senior Adults lunch and fellowship at the Methodist church, \$3, for reservations call 373-2905
- 7 (noon) - Chamber of Commerce meeting at city hall, representatives from the Small Business Administration and the Farm Service Agency will be speaking on disaster assistance, free, optional lunch \$8, 373-2234
- 7 (2:00 pm) - Triad meeting at the police station, for seniors 55 and older, Dr Tamra States, Chiropractor, will speak on back care, proper lifting, etc, free, 373-3268
- 7, 14, 21, 28 (4:00-6:00 pm) - Teen Summer at the Library, (Digital Mandala Art on 7th; Chinese Calligraphy on 14th; Papier Mache Monsters on 21st; Foods From Around the World on 28th), 5th grade & up, free, 373-9018
- 8 (6:00-11:00 pm) - Stamp Camp at the civic center, \$5, please bring supplies, RSVP 535-8849
- 10 (noon) - Indian Taco Dinner fundraiser for youth going to camp, at Methodist church, \$6, 615-6411
- 10-15 (Sun 6:00 pm, M-Th 1:00-4:00 pm, Fri 6:30-8:30 pm) - Vacation Bible School at Nazarene Church, kickoff party Sunday, family swim party Friday night at Kingfisher pool, free, 373-2308
- 10 (7:00 pm, exhibitions at 6:00 pm) - Play Day at Round-Up Club Arena, \$5 office charge, \$2 per class, \$4 exhibition charge, 615-7575
- 11-15, 18-22 (9:00-4:00 pm) - Angel Food orders can be placed at the Baptist church, pick up day is Sat, July 30, from 8:30-10 am, 373-2420
- 12 (6:30 pm) - Canadian County Tuff Riders 4-H equine meeting for 9-18 year olds, don't have to own a horse, at the library, free, 820-6728
- 13, 20, 27 (10:00-noon) - Library Quilters for anyone interested in quilting, at the library, free, 373-1662
- 14 (7:00-8:00 am) - Legislative Breakfast at city hall, State Insurance Commissioner John Doak and several legislators or their representatives will provide legislative updates, free, 373-2234
- 18-23 (M-Th 1:30-5:00 pm, F 4:00-6:00 pm, Sat 1:00-3:00 pm) - Create-a-Play Camp by Kid Co, sponsored by Parks & Rec, at civic center, 6th-9th grade, registration required, \$150, 563-5437
- 22 (9:00-3:00 pm) - Play-in-a-Day Camp by Kid Co, at the Library, 3rd-5th grade, registration required, \$30, 373-9018
- 24 (8:30 am & 11:00 am) - Bluegrass Sunday featuring Kyle Dillingham and Horseshoe Road at Methodist church, free, 373-2298
- 24-28 (6:00-8:30 pm) - Vacation Bible School at Methodist church for primary and elementary age children, free, 373-2298

An expanded version of the calendar is online at  
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