



# Piedmont Parks & Recreation News

[piedmontparksandrec.com](http://piedmontparksandrec.com)

August 2010

## Before You Leave on Vacation

1. Make sure that every door and window is locked on the house and out buildings, and interior doors that connect the house and garage.
2. Stop the delivery of newspapers and mail, or have someone pick them up for you.
3. Put lights on timers inside and outside of the house. Turn on the lights that are normally on and turn off the lights that are normally off. If your porch light is normally off, leave it off while on vacation.
4. If you normally have a few drapes and blinds open, leave a few open while you're gone, but remove valuables from view.
5. Put the radio on a timer.
6. Have someone move your trash can to the curb and back on trash day.
7. Let a neighbor park their car in your drive.
8. Turn off the ringer on the phone.
9. Put away ladders and other objects that can be used to access second-story windows.
10. Contact the Piedmont police department and fill out a house watch form. While on patrol, officers will pay particular attention to your home and property and watch for suspicious activity, and they will have your contact information in case of an emergency.



## August 19 – First Day of School

Watch for children and school zones.

## What Do You Know?

When Parks & Recreation did a survey of Piedmont residents, there was much interest in classes on a variety of topics. Some of the topics suggested included cooking, grilling, cake decorating, self defense, dance, a variety of arts and crafts, photography, foreign language, exercise, gardening and landscaping, computer, internet safety, music lessons, drama, health, first aid, fitness training, dog training, auto repair, gun safety, bike repair and bridge.

If you have knowledge or skills in these or other areas and would be interested in teaching a class, or if you know of someone that might be interested in teaching one, contact Lyn at 202-3984.

# Fall Gardening



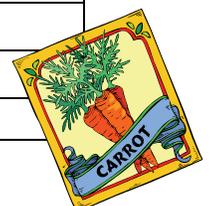
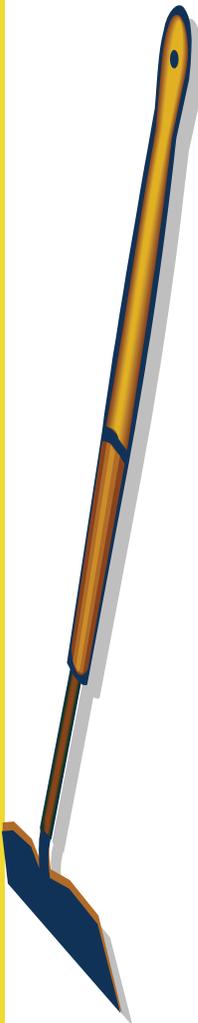
Didn't get a garden planted in the spring? You've got a second chance.

The following vegetables are tender and need to be harvested before frost. Many varieties will do well. Select varieties that are early maturing and disease resistant.

	When to Plant	Days from Planting to Harvest
<b>Beans, Bush</b>	Aug 10-20	50 - 60
<b>Beans, Lima</b>	Aug 10-20	70 - 80
<b>Cucumber</b>	Aug 10-20	60 - 70
<b>Summer Squash</b>	through Sept 1	40 - 50

These vegetables are semi-hardy and can withstand several frosts. Many varieties will do well. Select varieties that are early maturing and disease resistant.

	When to Plant	Days from Planting to Harvest
<b>Beet</b>	through Aug 15	60 - 70
<b>Broccoli</b>	through Aug 15	70 - 80
<b>Brussels Sprouts</b>	through Aug 15	90 - 100
<b>Cabbage</b>	through Aug 25	75 - 90
<b>Chinese Cabbage</b>	through Aug 25	75 - 90
<b>Carrots</b>	through Aug 15	70 - 80
<b>Cauliflower</b>	through Aug 25	70 - 80
<b>Collards</b>	through Sept 1	75 - 85
<b>Garlic</b>	Sept 1 - Oct 15	early June next year
<b>Irish Potato</b>	through Aug 15	90 - 110
<b>Kale</b>	Sept 1	50 - 65
<b>Kohlrabi</b>	Sept 1	50 - 70
<b>Leaf Lettuce</b>	through Aug 15	60 - 70
<b>Leek</b>	Sept 1	late spring next year
<b>Mustard</b>	Sept 10 - Oct 10	40 - 50
<b>Onions</b>	Sept 1	late spring next year
<b>Parsnip</b>	through Aug 15	120
<b>Peas, green</b>	Aug 15 - Sept 1	60 - 90
<b>Radish</b>	Aug 15 - Oct 10	20 - 40
<b>Rutabaga</b>	Aug 15 - Sept 15	80 - 90
<b>Spinach</b>	Sept 5-25	50 - 60
<b>Swiss Chard</b>	through Sept 15	50 - 60
<b>Turnip</b>	through Sept 15	50 - 60



## Get Ready, Get Set, ...

Disasters can happen at any time. Being prepared for major disasters makes you prepared for the small ones too.

If you have kids, it's smart to put together a Kid's Activity Survival Kit that can be used if you have to leave your house for any reason with little notice.

Many of the items in the kit are things that kids can do and share with other kids, and can be stored in a backpack or duffel bag.

Some suggested items for the Kid's Activity Survival Kit include:

- Favorite books
- Crayons, pencils or marking pens and plenty of paper
- Scissors and glue
- Two favorite toys such as a doll or action figure
- One or two board games
- A deck of cards
- A puzzle (one with lots of pieces is good—it takes a long time to do!)
- Small people figures and play vehicles that can be used to play out what is happening during your disaster such as ambulance, fire truck, helicopter, dump truck, police car, small boats.
- Favorite stuffed animal or puppet
- Favorite blanket or pillow
- Pictures of the family and pet
- A “keep safe” box with a few treasures that make your child feel special



from FEMA.gov

The month of August is national Family Meal Month.

### FAST FACT

According to a June 4, 2006 article in *Time Magazine*, “studies show that the more often families eat together, the less likely kids are to smoke, drink, do drugs, get depressed, develop eating disorders and consider suicide, and the more likely they are to do well in school, delay having sex, eat their vegetables, learn big words, and know which fork to use.”

# August Community Calendar

Mondays, Tuesdays, Thursdays (9:00-4:00) - back to school supplies collected and distributed at the Piedmont Service Center, for families needing assistance, 373-4022

**2-6, 9-14** (M-F 9-4, Sat 10-12) - Angel Food orders can be placed at the Baptist church and picked up on Sat. August 21, 373-2420

**4** (10:00 am) - Preschool Music and Movement with Miss Bonnie at the Library, children ages 2-5, free, 373-9018

**4, 11, 18, 25** (noon) - Senior Adults lunch and fellowship at the Methodist church, cost is \$3, reservations are appreciated, 373-2905

**4, 11** (1:00-3:00 pm) - Wii Wednesday at the library, all ages, free, 373-9018

**5** (2:00 pm) - TRIAD meeting for anyone interested in working with senior citizens and law enforcement to prevent the victimization of seniors, presenter will be Emily Rightmyer from the Oklahoma City-County Health Dept, at the police station, free, 373-1334

**6** (3:30-5:00 pm) - Reading to Dogs, 1st grade and up, at the Library, free, registration required at 373-9018

**7** (9:00-11:00 am) - Piedmont Recycling at the former Co-Op, 373-2905

**7** (9:00-4:00 pm) - 1 Day Summer Art Camp, 3rd grade and up, at the Library, \$20 per student or \$50 per family, 373-9018

**7, 14, 21, 28** (10:00-2:00 pm) - Historical Society Museum is open, free, 823-1345

**7** (1:00-3:30 pm) - Piedmont Area Rocketry Club for all ages, at the Civic Center, free, 488-5999

**8-11** (Sun, Mon, Tue 7:00-8:30 pm, Wed 7:00-9:00 pm) - Soul Survivor Kids' Kamp sponsored by Spring Creek Worship Center at Chester's Party Barn, concludes Wednesday with a Swamp Swim at Kingfisher Pool, free, register at 373-0817

**10** (6:30 pm) - Canadian County Tuff Riders 4-H equine program for 9-18 year olds, don't have to own a horse, at the library, free, 820-6728

**11, 25** (10:00-noon) - Library Quilters for anyone interested in quilting, at the library, free, 373-1662

**12** (6:00-8:00 pm) - Piedmont Parent Network at the Methodist church, presentation by Oklahoma Family Network on creating care notebooks, free, 514-9248

**17, 24, 31** (10:00 am) - Preschool Story Time at the Library, free, 373-9018

**17** (6:30-8:00 pm) - Windmill Poets at the Library, for anyone who likes to read or write poetry, social time 6:00-6:30, free, 728-7310

**29** (6:00 pm, exhibitions at 5:00 pm) - Play Day at Round-Up Club Arena on Piedmont Rd, cost is \$6-\$15, burger/hot dog, chips, dessert and drink available for \$5, 627-7437

An expanded version of the calendar is online at-  
[piedmontparksandrec.com](http://piedmontparksandrec.com)